

Testimonials from Emmaus Men

“Emmaus changed my life in ways I am just beginning to understand. I still have a long way to go, but I am a better man today because of Emmaus. I would recommend this retreat to any man, of any age, of any faith or none at all, regardless of where they are in their life.”

~ Matt C.

“My wife signed me up for the Emmaus retreat as a birthday gift. It turned out to be one of the most important gifts I have ever received. I experienced God’s grace in countless ways, and left with the desire to seek, notice, and share that gift of grace through my life. The retreat was calm, refreshing and low key, but its lasting effect was life-changing.”

~ Jeremy S.

“After the sudden death of my first wife, the Lord led me to Emmaus. There I was helped by giving, caring Christian men. Soon after, rather than return to my Protestant roots, I joined St. Thomas More where I met my new wife Carolyn. Miraculous!”

~ Terry M.

“I was trying to get to an Emmaus retreat for two years. When I finally made it, I witnessed a brotherhood of spirit-filled men who showed their love for the Lord through words and actions, sacrifice and prayer. If you’re looking to grow closer to our Lord – to be a better man – then PRAY, and get to this weekend! What I experienced will stay with me for the rest of my life.”

~ Lou R.

Important Details

The Bethel Park Spiritan Center address is:
6230 Brush Run Road, Bethel Park, PA 15102

How to get there

From Washington, PA (Route 19N)

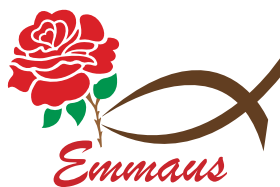
- > Right on McMurray Road
- > Right on Clifton Road at Al’s Cafe
- > Right on Brush Run Road
- > Right into Spiritan Center

From St. Thomas More Church

- > Left on Oxford Drive
- > Left on Ft. Couch Road
- > Left on McMurray Road
- > Left on Clifton Road at Al’s Cafe
- > Right on Brush Run Road
- > Right into Spiritan Center

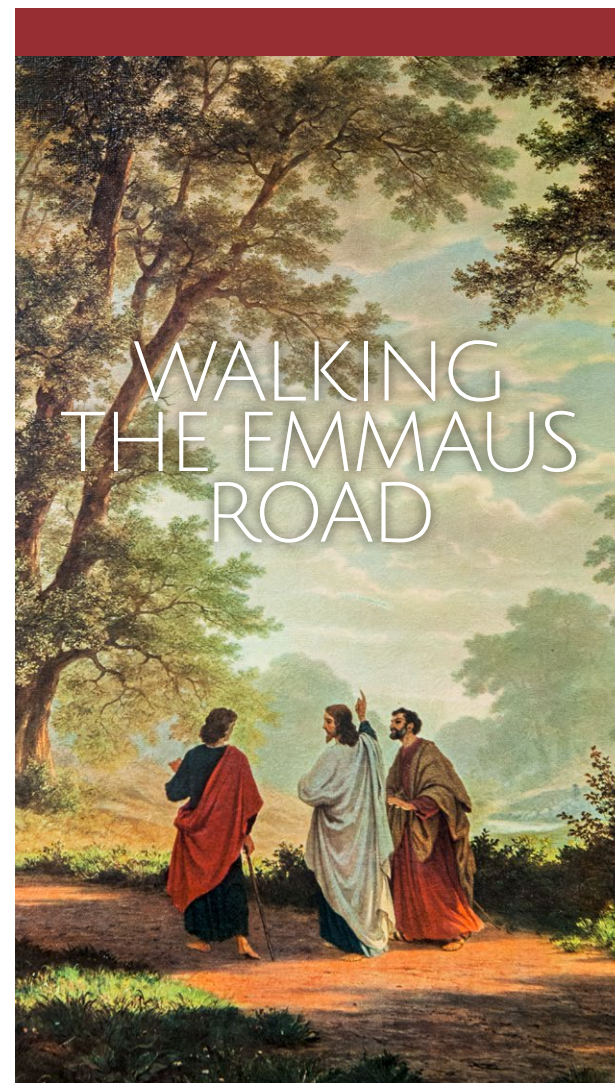
When to arrive and what to bring

- > Arrival time is Friday evening at 6 p.m.
- > Bring comfortable clothing (jeans or sweats are common) and personal items for a two-night stay.
- > You will be given a private room. A common, public restroom with separate showers is also available. Towels are provided.



Resurrection Parish Men’s Emmaus Weekend

www.resurrectionpgh.org/emmaus-men



Resurrection Parish
Men’s Emmaus Weekend
Bethel Park Spiritan Center
October 23-25, 2026

www.resurrectionpgh.org/emmaus-men

What is a Men's Emmaus Weekend?

An Emmaus Men's Weekend is a spiritual retreat for men. It's organized and delivered by laymen who are peers in the community and who face the same challenges and successes that you do on a daily basis. The weekend begins on Friday evening and ends on Sunday afternoon; its purpose is to give you the opportunity to ponder and reflect upon your life, and on your individual relationship with Jesus Christ.

The men who attend Emmaus are ordinary men who come from all walks of life and all faith backgrounds.

Do I have to be Catholic?

Although Emmaus did originate as a Catholic retreat, you **do not need to be Catholic** to participate. Over the past decades, many Christians – Catholics, non-Catholics alike, even non-churchgoers – have attended the Emmaus weekend. It has proven to be a rewarding and life-changing experience for many.

Will I have to do anything?

You will not be forced to do anything that makes you feel uncomfortable the entire weekend. You may just sit back quietly and listen, if you choose.

Cost is never an obstacle to attendance. If you are experiencing financial hardship at this time, arrangements can be made for deferred payments, or even none at all. Emmaus is a non-profit organization. The entire cost of the weekend goes to pay for the room, meals and items you receive.

THE EMMAUS ROAD *(The Gospel of Luke 24:13-35)*

Two disciples, distraught and returning to Emmaus after the crucifixion of Jesus, encountered a man on the way who asked what was troubling them. As he walked with them, he explained to them all that Scripture had to say about the promised Messiah and what must happen to him. Arriving in Emmaus, they invited the man inside; at the dinner table, he broke bread, gave thanks, and handed the bread to them. At once, their eyes were "opened" and they recognized the man as the risen Jesus. Then he vanished from their sight leaving them with the bread, a renewed faith, and an everlasting sign of his Holy presence.

Will anyone try to convert me?

No, you will simply hear men sharing stories from personal experience and of renewal. And while most hold a very strong faith in God, no one will "preach" or attempt to convert you to any particular way of religious thinking. For the most part, all you need to do is listen with an open mind and an open heart.

How much does it cost?

The all-inclusive cost for the weekend is \$100 per attendee. This includes a private room and all meals (including snacks) through Sunday lunch. Accommodations will be made if you require special dietary needs or have any health-related issues.

"I was Ryan before the Emmaus weekend, and I'm still Ryan after the weekend. I was a sinner before and I remain a sinner now. Emmaus didn't magically cure my flaws, but it did help me re-prioritize what is, and should be, most important in my life. I encourage everyone to attend the Emmaus weekend and allow God to show you how much He loves you."

~ Ryan S.

EMMAUS REGISTRATION

Resurrection Parish Men's Emmaus
Bethel Park Spiritan Center ~ Oct 23 - 25, 2026

Full Name		Preferred Name on Badge
Address		
City	State	Zip
() Home Phone	() Mobile	
email		Shirt Size
Age	Marital Status	Name of Spouse or Significant Other
Emergency Contact #1	Relationship	Phone
Emergency Contact #2	Relationship	Phone
Dietary Requirements		
Please indicate any health problems		
Religious Affiliation (if any)	Parish	
Invited by		

The cost for the weekend \$100.*

Space is limited. Register online using the QR code below

OR detach this application and return to:

St. Thomas More Church

Attn: Men's Emmaus

126 Fort Couch Road

Pittsburgh, PA 15241

EmmausResurrectionPGH@gmail.com



For more information or to register online, please scan the above QR code or visit us at www.resurrectionpgh.org/mens-emmaus-registration-form

*You may attend even if you do not have the ability to pay.